

**Kindle Farm School Wellness Policy
Action Plan Template**

School Health Team Leaders: Drew Gradinger, School Director; Patrick Carroll, Head Chef and Abbey Group Employee, Wellness Committee Members: Darcey Mercier, Karen Saunders, Kailen Lott.

School Wellness Policy Website Address: <http://www.kindlefarm.org/kindle-farm-wellness-policy-nutrition-and-physical-education>

Goal: What do you want to accomplish?	Action Steps: What activities need to happen?	Timeline	Measurement How is progress measured?	Lead Person	Team Members involved	In Progress or Complete 9/1/17
<i>Nutrition Education:</i> Revamp Nutrition Education for summer Program	<ol style="list-style-type: none"> 1. Assign teacher role 2. 4 x 45min blocks 	Implement by summer '17	Did it happen?	Chef Patrick	Drew G Adam A Shannon L.	COMPLETE
Nutrition Promotion: Foodbank 1x a month w/ recipes	<ol style="list-style-type: none"> 1. Foodbank items sent home 2. Student recipes and nutrition facts 	Continue Implementation and Refine	Did it happen? Steps towards org. capacity	Darcy Mercier Karen Saunders		Complete and moving!
Education and Promotion. Address Food Insecurity:	<ol style="list-style-type: none"> 1. CSA Shares home with kids weekly when available 	Continue Implementation and Refine	Did it happen weekly during harvest months? Recording of goals.	Drew Gradinger	Devan Monett	Completed but record keeping needs to improve.
Physical activity: <i>All students will be engaged in at least 30 minutes of</i>	<ol style="list-style-type: none"> 1. Analysis of break and activity offerings 2. Data collection 	Implement by academic year 17-18	Can we collect data to show this happening	Drew Gradinger		We are close but not sure how to ensure this while

<i>physical activity during the school day, on top of physical education</i>						attuned to our behavioral model. Work in progress
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